

BURLINGTON WOODS #55102 (HSG)

Week-At-A-Glance

hcs1northern2022 Week 1

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Blueberry Muffin - Margarine	French Toast - Margarine - Syrup Sausage Patty	Scrambled Eggs w/Cheese Biscuit - Margarine - Jelly	Egg & Hashbrown Bake Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Bacon	Scrambled Eggs Peach Streusel Coffee Cake - Margarine	Baked Cheese Omelet Breakfast Ham Toast - Margarine - Jelly
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Grilled Cheese Sandwich Calico Coleslaw Marinated Cucumber & Onion Salad Ranch Style Potato Wedges Herbed Rice Cornbread - Margarine Banana Cream Pie	Honey Glazed Sliced Ham Herbed Chicken Breast Sauteed Spinach w/Garlic Broccoli Florets Whipped Sweet Potatoes Parsley Noodles Dinner Roll/Bread - Margarine Pineapple Tidbits	Chicken Parmesan w/ - Spaghetti Noodles Parsley Pork Chop Herbed Green Beans Sliced Carrots Mashed Potatoes Garlic Bread Strawberry Shortcake	BBQ Pork Loin Salisbury Steak - Brown Gravy Zucchini & Onions Braised Cabbage Baked Beans Herbed Rice Dinner Roll/Bread - Margarine Mandarin Oranges	Chicken Soft Taco w/Flour Tortilla - Shredded Lettuce & Diced Tomato Topping - Shredded Cheddar Cheese (tbl) Citrus Fish Mexican Corn (veg) Sugar Snap Peas Cilantro Rice Oven Roasted Potatoes Dinner Roll/Bread - Margarine Deluxe Fruit Salad	Shrimp Scampi Chicken Tenders - Honey Mustard Broccoli Florets Seasoned Spinach Spaghetti Noodles Mashed Potatoes Italian Herbed Dinner Roll - Margarine Lemon Glazed Angel Food Cake	Classic Baked Ziti Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Tossed Salad w/Dressing Green Pea Salad French Fries - Ketchup Garlic Bread Cinnamon Brown Sugar Blondie
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Swedish Meatballs Smothered Turkey Patty Green Peas Sliced Carrots Buttered Noodles Mashed Potatoes Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup	Cheese Quiche Hamburger Steak w/Grilled Onions - Brown Gravy Sauteed Asparagus Cuts Squash Medley Seasoned Rice Dinner Roll/Bread - Margarine Savory Summer Soup - Saltine Crackers Chocolate Cake w/ Peanut Butter Frosting	Turkey Sandwich - Lettuce & Tomato - Mayonnaise Tuna Salad Sandwich - Lettuce & Tomato Broccoli Salad Marinated Mixed Vegetable Salad Creamy Dill Macaroni Salad Potato Chips Seedless Watermelon Cubes	Breaded Fish on a Bun - Tartar Sauce Marinated Chicken Thigh Peas & Carrots Seasoned Spinach Tater Tots - Ketchup Egg Noodles Dinner Roll/Bread - Margarine Chocolate Ice Cream	Beef Pepper Steak w/Gravy. Italian Sausage Roasted Green Beans Squash Medley Garlic Mashed Potatoes Buttered Noodles Dinner Roll/Bread - Margarine Oatmeal Raisin Cookie	Turkey Burger on a Bun - Lettuce & Tomato - Pickle Spear - Mayonnaise Rancher's Pork Chop Country Vegetable Blend Steamed Asparagus Cuts Potato Wedges - Ketchup Buttered Rice Dinner Roll/Bread - Margarine Fruit Cocktail	Honey Dijon Chicken Thigh Cheese Quiche Seasoned Zucchini Sliced Carrots Oven Browned Potatoes Dinner Roll/Bread - Margarine Chilled Peaches

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Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast - Margarine - Syrup Bacon	Scrambled Eggs Glazed Cinnamon Roll	Biscuit - Sausage Gravy Hashbrown	Scrambled Eggs English Muffin - Margarine - Jelly	Baked Cheese Omelet Toast - Jelly - Margarine	Buttermilk Pancakes - Margarine - Syrup Breakfast Ham	Western Scrambled Eggs Toast - Jelly - Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried Steak w/Mushroom Gravy Rotisserie Chicken Thigh Seasoned Whole Kernel Corn (veg) Green Peas Herbed Mashed Potatoes Buttered Rice Dinner Roll/Bread - Margarine S'more Pudding Parfait	Encrusted Pork Loin Salisbury Steak - Brown Gravy Broccoli Florets Capri Vegetable Blend Oven Browned Potatoes Buttered Noodles Dinner Roll/Bread - Margarine Chocolate Chip Cake w/White Frosting	Baked Ziti w/Meatsauce Egg Salad Sandwich - Lettuce & Tomato Caesar Salad Creamy Cucumber & Onion Salad Potato Salad Garlic Bread Orange Sherbet	Hot Dog on a Bun - Baked Beans - Mustard Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Calico Coleslaw Zucchini & Onions French Fries - Ketchup Chilled Pears	Deluxe Macaroni & Cheese Smothered Turkey Patty Baked Tomato Halves Green Peas Mashed Potatoes Dinner Roll/Bread - Margarine Sugar Cookie	Breaded Fish on a Bun - Tartar Sauce Hamburger Steak w/Grilled Onions - Brown Gravy Seasoned Green Beans Yellow Squash Potato Wedges - Ketchup Buttered Rice Dinner Roll/Bread - Margarine Chilled Peach Parfait	Marinated Chicken Breast Glazed Baked Pork Chop Sugar Snap Peas Sliced Carrots Yellow Rice Mashed Potatoes Dinner Roll/Bread - Margarine Vanilla Ice Cream
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Mediterranean Baked Fish Fillet Grilled Ham & Cheese Sandwich Sauteed Asparagus Cuts Green Beans Rice Pilaf Potato Wedges - Ketchup Dinner Roll/Bread - Margarine Apple Crisp	BBQ Pulled Chicken Sandwich Cheese Quesadilla - Sour Cream Country Vegetable Blend Squash Medley Tater Tots - Ketchup Steamed Rice Seedless Watermelon Cubes	Herbed Turkey - Poultry Gravy Lemon Butter Baked Fish Fillet Buttered Green Peas Seasoned Spinach Mashed Potatoes Parsley Noodles Dinner Roll/Bread - Margarine Fruit Cocktail	Thin Crust Cheese Pizza Chicken Tenders - Honey Mustard Roasted Green Beans Sugar Snap Peas Mashed Potatoes Parsley Dinner Roll - Margarine Double Chocolate Brownie	Rancher's Chicken Thigh Garlic Baked Pork Chop Sliced Carrots Sauteed Asparagus Cuts Oven Browned Potatoes Rice Pilaf Dinner Roll/Bread - Margarine Strawberries & Banana	Italian Sausage Cheese Quiche Broccoli Florets Sauteed Spinach w/Garlic Parmesan Noodles Dinner Roll/Bread - Margarine Black Forest Cake	Philly Cheesesteak Sandwich - Sauteed Peppers & Onions. Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato Tossed Salad w/Dressing Capri Vegetable Blend French Fries - Ketchup Macaroni Salad Summer Fresh Fruit Cup

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Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Blueberry Muffin - Margarine	French Toast - Margarine - Syrup Sausage Patty	Scrambled Eggs w/Cheese Biscuit - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Bacon	Egg & Hashbrown Bake Toast - Margarine - Jelly	Scrambled Eggs Peach Streusel Coffee Cake - Margarine	Baked Cheese Omelet Breakfast Ham Toast - Margarine - Jelly
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cheese Ravioli w/Marinara Sauce Tuna Salad Sandwich - Lettuce & Tomato Caesar Salad Marinated Green Bean Salad Potato Chips Garlic Bread Butterscotch Pudding	Roast Turkey - Poultry Gravy Rancher's Pork Chop Sliced Glazed Carrots Green Peas Mashed Potatoes - Poultry Gravy Parsley Noodles Dinner Roll/Bread - Margarine Marble Cake w/White Frosting	Glazed Baked Ham Salisbury Steak - Brown Gravy Spinach Au Gratin Country Vegetable Blend Baked Sweet Potatoes Parmesan Noodles Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup	Egg Salad Sandwich on Croissant - Lettuce & Tomato Ham Sandwich - Lettuce & Tomato - Mayonnaise Tomato Basil Salad Marinated Cucumber & Onion Salad Creamy Dill Macaroni Salad Potato Chips Mandarin Oranges	Beef Pepper Steak w/Gravy. Cheese Ravioli w/Marinara Sauce Buttered Green Peas Seasoned Spinach Mashed Potatoes Dinner Roll/Bread - Margarine Chilled Pear Parfait	Shrimp Alfredo w/ - Spaghetti Noodles Parsley Pork Chop Steamed Asparagus Cuts Sliced Parsley Carrots Roasted Red Skin Potatoes Parsley Dinner Roll - Margarine Snickerdoodle Cookie	Rotisserie Chicken Smothered Turkey Patty Buttered Whole Kernel Corn (veg) Broccoli Florets Garlic Potato Wedges Egg Noodles Dinner Roll/Bread - Margarine Pineapple Tidbits
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Garlic Herbed Pork Loin Smothered Turkey Patty Braised Cabbage Whole Kernel Corn (veg) Garlic Roasted Red Skin Potatoes Buttered Rice Dinner Roll/Bread - Margarine Apple Crisp	Cheeseburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Breaded Fish on a Bun - Tartar Sauce Confetti Coleslaw Squash Medley Tater Tots - Ketchup Buttered Noodles Tropical Fruit Salad	BBQ Chicken Thigh Thin Crust Cheese Pizza Capri Vegetable Blend Tossed Salad w/Dressing Baked Beans Cornbread - Margarine Blondie	Lemon Butter Baked Fish Fillet Chicken Tenders - Honey Mustard Broccoli Florets Green Beans Oven Browned Potatoes Seasoned Rice Dinner Roll/Bread - Margarine Vanilla Glazed Angel Food Cake	Chicken Enchilada Casserole Italian Sausage Whole Kernel Corn (veg) Capri Vegetable Blend Buttered Noodles Dinner Roll/Bread - Margarine Chocolate Ice Cream	Grilled Turkey & Cheese Sandwich Hamburger Steak w/Grilled Onions - Brown Gravy Creamy Cucumber & Onion Salad Country Vegetable Blend French Fries - Ketchup Buttered Rice Dinner Roll/Bread - Margarine Hearty Vegetable Soup - Saltine Crackers Sliced Peaches	Meatballs w/Marinara Sauce - Marinara Sauce (oz) - Spaghetti Noodles Cheese Quiche Parmesan Baked Zucchini Seasoned Green Beans Garlic Bread Chocolate Cream Pie

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Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Glazed Cinnamon Roll	French Toast - Margarine - Syrup Sausage Patty	Biscuit - Sausage Gravy Hashbrown	Baked Cheese Omelet Toast - Margarine - Jelly	Scrambled Eggs English Muffin - Margarine - Jelly	Western Scrambled Eggs Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Bacon
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Rosemary Pork Loin Lemon Pepper Fish Fillet Sauteed Spinach w/Garlic Capri Vegetable Blend Scalloped Potatoes Parsley Rice Dinner Roll/Bread - Margarine Pear Crisp	Homestyle Meatloaf w/Ketchup Glaze Thyme Chicken Breast Honey Roasted Carrots Squash Medley Duchess Mashed Potatoes Herbed Noodles Herbed Dinner Roll - Margarine Spiced Apple	Marinated Chicken Thigh Meatballs w/Gravy Sauteed Green Beans Sugar Snap Peas Parmesan Noodles Mashed Potatoes Dinner Roll/Bread - Margarine Butterscotch Pudding Parfait	Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato Creamy Cucumber & Onion Salad Cool Corn Salad (veg) Tater Tots - Ketchup Seasoned Rice Chilled Peaches	Cheese Lasagna Egg Salad Sandwich - Lettuce & Tomato Caesar Salad Marinated Green Bean Salad Potato Chips Garlic Bread Double Chocolate Brownie	Butter Crumb Fish Fillet BBQ Chicken Thigh Buttered Green Peas Seasoned Spinach Au Gratin Potatoes Yellow Rice Dinner Roll/Bread - Margarine Sour Cream Orange Cake	Turkey & Cheese Hoagie - Lettuce & Tomato - Mayonnaise Cheese Quiche Marinated Cucumber & Tomato Salad Marinated Mixed Vegetable Salad Macaroni Salad Dinner Roll/Bread - Margarine Fruit Cocktail
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders - Honey Mustard Hamburger Steak w/Grilled Onions - Brown Gravy Tossed Salad w/Dressing Whole Kernel Corn (veg) French Fries - Ketchup Buttered Noodles Dinner Roll/Bread - Margarine Vanilla Ice Cream	Citrus Glazed Turkey. - Poultry Gravy BBQ Pork Chop Steamed Broccoli Florets w/Lemon Country Vegetable Blend Rice Pilaf Baked Sweet Potatoes Dinner Roll/Bread - Margarine Cherry Cheesecake Bar	Ham & Swiss Sandwich on Wheat - Lettuce & Tomato - Mayonnaise Tuna Salad Sandwich - Lettuce & Tomato Green Pea Salad Marinated Tomato & Onion Salad Potato Chips Macaroni Salad Seedless Watermelon Cubes	Cornflake Crusted Fish Fillet Thin Crust Cheese Pizza Roasted Zucchini Broccoli Florets Macaroni & Cheese Dinner Roll/Bread - Margarine Lemon Bar	Rancher's Chicken Breast Italian Sausage Sliced Glazed Carrots Sauteed Asparagus Cuts Baked Potato - Margarine - Sour Cream Parsley Noodles Dinner Roll/Bread - Margarine Tropical Fruit Salad	Hot Dog on a Bun - Baked Beans - Mustard Baked Macaroni & Cheese Confetti Coleslaw Tossed Salad w/Dressing Dinner Roll/Bread - Margarine Chilled Pears	Salisbury Steak - Brown Gravy Garlic Baked Pork Chop Whole Kernel Corn (veg) Sauteed Zucchini Mashed Potatoes Buttered Rice Dinner Roll/Bread - Margarine Chocolate Chip Cookie